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HRISTIE LAB

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Victoria Brain Injury Society

CIHR IRSC
Canadian Institutes of Health Research
Instituts de recherche en santé du Canada

2025 BRAIN HEALTH SUMMIT SPEAKERS

GET TICKETS: BrainChanges.org

COGNITIVE EXERCISE

AEROBIC EXERCISE

NUTRITION

6 PILLARS OF BRAIN HEALTH

MINDFULNESS

LIMITING HARMFUL EXPOSURES

SLEEP HYGIENE

Dr. Shelina Babul, PhD, Professor UBC, Director BC Children's Hospital

Dr. Jodie Gawryluk, PhD, Clinical Neuropsychologist

Dr. John Cline, Integrative & Functional Medicine, Author

Dr. Adrian Yee, MD, Hematology

Dr. Mary Sco., MD, PhD
IG: @dr_mary_sco /
www.nutrition-prescriptions.com

Dr. Jason Sonners, DC, PhD
www.oxyhealth.com

Janelle Breese Biagioni, RPC, MPCC, Master Practitioner in Clinical Counselling, Founder of CGB Centre Traumatic Life Losses.com

Dr. Mario Tobia, MD, CTE
RegenClinic.ca

Orsha Maygar, MSc, BSc, CHN
Founder & CEO, NeuroTrition
neurotrition.ca

Candy Barrotti, Heart Coherence Healer, Reiki Master
candybarrotti.com

Andie Pask
Bachelor in Physical Education, Certified Strength and Conditioning Coach, and Nutrition Coach

Alanna Kit, PhD Candidate, Neuroscience

2025 BRAIN HEALTH SUMMIT SPEAKERS

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CHRISTIE LAB

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6 PILLARS OF BRAIN HEALTH
- COGNITIVE EXERCISE
- AEROBIC EXERCISE
- NUTRITION
- MINDFULNESS
- LIMITING HARMFUL EXPOSURES
- SLEEP HYGIENE

GET TICKETS: BrainChanges.org

Dr. Matthew Galati, MD, Founder of Brain Changes, TBI Survivor
IG: @brainchanges / brainchanges.org

Nawal Mustafa, Cognitive Neuroscientist & PhD Candidate
IG: @thebraincoach

Stephanie Nosco, MA. Counselling Psychology (CCC), Medical Qigong & Insight Yoga Teacher / IG: @stephanienosco

Dr. Richa Agnihotri, MBChB, FRCPC, DipABLM
Consultant Community Paediatrician
IG: @drricha.ca / drricha.ca

Jane Enright, Award-Winning Author, Wellness Expert, & Educator
IG: @janeenright.author / janeenrightauthor.com

Ben Fanelli, Registered Psychotherapist
CVO, Heroic Minds, OHL Captain
Kitchener Rangers / heroicminds.live

Karen Mason, Co-Founder and Executive Director of SOAR
soarproject.ca

Deidre Sperry,
Speech Language Pathologist,
Assistant Clinical Professor

Annie Hopper, Founder of Dynamic Neural Retraining System, Author of Wired for Healing
IG: @official_dnrs / retrainingthebrain.com

Taylor Snowden-Richardson,
PhD Candidate, University of Victoria

Jennifer Dawson, PhD
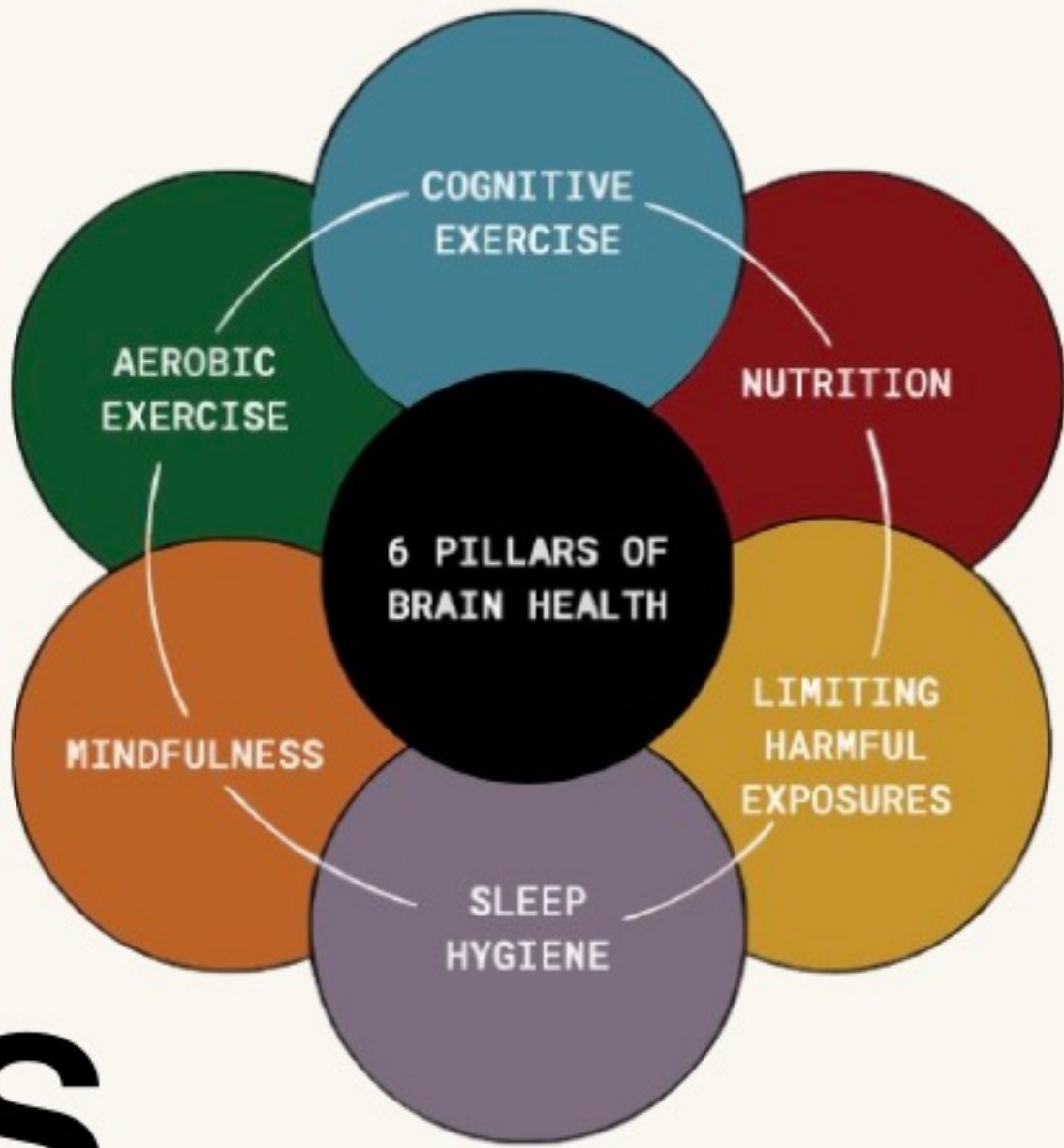Research Associate, Guideline Developer

Dr. Andree-Anne Ledoux
Scientist at CHEO Research Institute,
Assistant Professor at University of Ottawa
IG: @CHEORI

Clarence Le, CEO and Co-Founder of Orion Red Light Therapy
IG: @orionrlt / orionrtl.com

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BRAIN HEALTH SUMMIT BENEFITS

Free On-Site Services and Products

6 PILLARS OF BRAIN HEALTH
- COGNITIVE EXERCISE
- NUTRITION
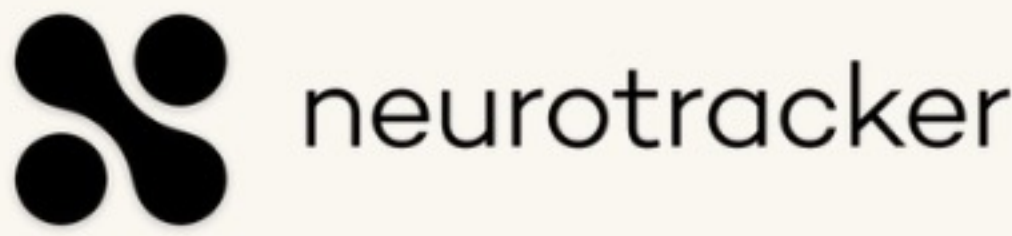- LIMITING HARMFUL EXPOSURES
- SLEEP HYGIENE
- MINDFULNESS
- AEROBIC EXERCISE

ORION

ORION Red Light Therapy: Offering FREE On-Site Red Light Treatments from April 2-4

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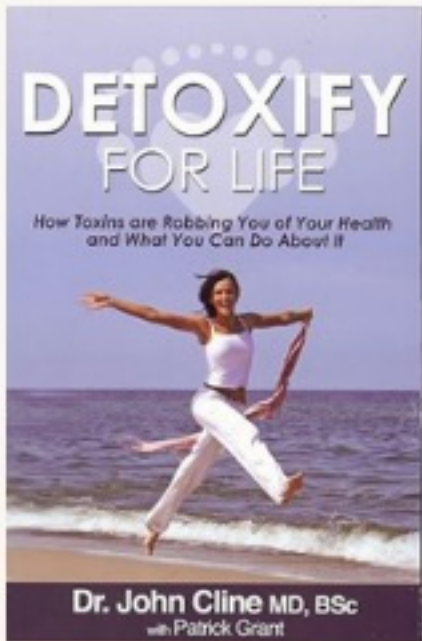
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